

Dermatology

Clinical insights that expand expertise and advance practice **T I M E S**[®]

TREATING ACNE IN Pregnant AND Lactating Patients

Solutions to keep both mother and baby safe
in the management of acne vulgaris

DERMATOLOGY PROVIDERS MUST BE AWARE of the physiological changes that occur during pregnancy and lactation and how these changes affect managing acne. A recent study from Ly et al detailed how tailored acne treatment plans and consensus-based guidelines can improve overall care for pregnant and lactating patients.

continue reading on page 20



Find news, expert interviews,
podcasts, and more at
dermatologytimes.com

Atopic Dermatitis

Actively Addressing
Telehealth Disparities

Psoriasis

Correlation Between
COVID-19 and Psoriasis

Skin Cancer

Managing Merkel Cell
Carcinoma in Skin of Color

Aesthetics

Psychological Impact
of Cosmetic Procedures

Pigmentary Disorders

Supporting Patients
With Albinism

Clinical Insights

Investigating Epidermolysis
Bullosa Treatment



Driving Your
Practice Profitability

Maximizing Care With Nurse Practitioners and Physician Assistants

A study led by *Dermatology Times* editorial board member Aaron Farberg, MD, FAAD, double-board-certified dermatologist, Mohs surgeon, and chief medical officer of Bare Dermatology in Dallas, Texas, identified a shortage of dermatologists across the United States. In a survey through the American Academy of Dermatology, data indicated that 38% of clinicians in urban areas reported a low number of dermatologists in their community. More than 50% of dermatologists in rural areas reported there are fewer dermatologists than required to serve their populations. Study investigators alongside Farberg shared that 4 dermatologists per 100,000 individuals is an estimate of how many are needed to adequately care for a population, and more than 70% of regions studied with at least 1 practicing dermatologist have fewer than 4.¹

Honing in on the expertise of nurse practitioners (NPs) and physician assistants (PAs) provides an opportunity to make dermatologic care more accessible. Recently, we have had the pleasure of attending conferences equipping NPs and PAs to serve patients with innovative treatments and solutions in dermatology. Regarding the 2023 Fall Clinical Dermatology Conference for PAs and NPs in Orlando, Florida, Neal Bhatia, MD, director of clinical dermatology at Therapeutics Clinical Research in San Diego, California, shared the value of having a PA on his team to collaborate and allow him more time to focus on high-level tasks.

“My own PA, Monique—she’s priceless. I can’t live without her; she works with me on the research side. So if the value of a PA in an office has to be demonstrated, I’ll just show you her picture,” he shared. In this issue, we spotlight 2 of many sessions we covered online from Fall Clinical on solutions for patients with seborrheic dermatitis and surgical techniques to improve patient outcomes.

Dermatology Times is proud to curate content embracing and empowering the NP/PA community. As the need for dermatologic care continues to grow, we want to ensure their experiences are heard, insight is shared, and hunger for knowledge is fulfilled.

Mike Hennessy Jr

President and CEO, MJH Life Sciences.

Reference

1. Glazer AM, Farberg AS, Winkelmann RR, Rigel DS. Analysis of trends in geographic distribution and density of US dermatologists. *JAMA Dermatol*. 2017;153(4):322-325. doi:10.1001/jamadermatol.2016.5411 ■

OUR MISSION To provide timely and compelling clinical insights, practitioner commentary, conference coverage, and breaking news for dermatological clinicians. We offer engaging information that optimizes practice and improves patient care via print and online multimedia formats.

Follow us



Dermatology TIMES

EDITORIAL

Vice President of Content Allie Karas, MA
akaras@mjlifesciences.com

Editorial Director Heidi Anne Duerr, MPH
hduerr@mjlifesciences.com

Managing Editor Lauren Buchanan, MA
lbuchanan@mjlifesciences.com

Senior Editor Kaitlyn Bader
kbader@mjlifesciences.com

Editor Heather Raglin, MS
hraglin@mjlifesciences.com

Assistant Editor Emma Andrus
eandrus@mjlifesciences.com

Vice President, Copy Jennifer Potash

Copy Chief Paul Silverman

Copy Supervisors Angie DeRosa, Nicole Canfora Lupo

Senior Copy Editors Cheney Baltz, Marie-Louise Best, Kelly King

Substantive Editor Georgina Carson

Copy Editors Kirsty Mackay, Justin Mancini, Kim Nir, Ron Panarotti, Yasmeen Qahwash

DESIGN & PRODUCTION

Creative Director
Robert McGarr

Senior Graphic Designer
Chrissy Bolton

Senior Art Directors
Nicole Slocum
Kristen Morabito

Circulation Director
Jonathan Severn

SALES & MARKETING

Executive Vice President Brian Haug
bhaug@mmhgroup | 609.325.4780

Associate Director of Sales Erik Hogger
ehogger@mmhgroup.com | 609.664.6929

National Accounts Director Jacy DiZenzo
jdizenzo@mmhgroup.com | 609.955.4581

National Accounts Manager Joey Hamm
jhamm@mjlifesciences.com | 201.960.5018

Account Manager, Recruitment Joanna Shippoli
jshippoli@mjlifesciences.com | 440.891.2615

CORPORATE OFFICERS

President & CEO
Mike Hennessy Jr

Senior Vice President, Content
Silas Inman

Chief Financial Officer
Neil Glasser, CPA/CFE

Senior Vice President, Human Resources & Administration
Shari Lundenberg

Chief Marketing Officer
Brett Melillo

Senior Vice President, Mergers & Acquisitions, Strategic Innovation
Phil Talamo

Chief Data Officer
Terric Townsend

Executive Vice President, Global Medical Affairs & Corporate Development
Joe Petroziello

Executive Creative Director
Jeff Brown

FOUNDER

Mike Hennessy Sr, 1960–2021

AN **MJH** life sciences[®] BRAND

Subscriber Customer Service
218.740.6477 | FAX: 218.740.6437